

Instructions for the Valiant Spiritual Travellers

(Bir Kormider Proti Nirdesh)

Shri Shri Thakur Balak Bhramhachari Maharaj



Those who accept death as final destiny are eligible to receive this (booklet)

Instructions for the Valiant Spiritual Travellers



To your Holy feet -Thakur



Dedicated to our Beloved



“The entire Universe – The Emptiness continues to sing the endless songs. There is no start and no end of this emptiness. This (nothingness) is the original, and eternal, it is the sense, it is the consciousness”

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PREFACE

THAKUR's classes and speeches are invaluable/priceless assets for the mankind. The richness embedded in **HIS** divine spiritual renditions is unmatched as well as unique both in terms of knowledge and logic in comparison to conventional/contemporary religions and philosophies. From this vast ocean of knowledge we have humbly selected a few classes those are obviously available in Bengali and tried to translate them in English so that the content can reach larger audience and enrich them spiritually.

The earlier classes of **THAKUR** already translated and shared in electronic format are "**Who is Awake While Asleep (Ghume Ke Jaage –Part-1)**", "**A Few Words (Koyekti Kotha)**", "**Thakur's Class of 1967**" and "**Thakur's Class of 1968-49th Birth Anniversary of Thakur**", which were published on **13th June 2020**. Now we would like to offer "**Instructions for the Valiant Spiritual Travellers (Bir Kormider Proti Nirdesh)**" on the occasion of **Holy Guru Purnima, 5th July 2020**.

The divine richness of the original contents is unfathomable. We feel infinitely fortunate to attend physically some of the divine classes of **BELOVED** where **HE** has spent hours to explain some of the contexts and contents of **THAKUR's classes**. We have probably been able to understand **THAKUR** a little more as we are infinitely blessed to look at the teachings of **THAKUR through the eyes of BELOVED**.

We have tried our best to be careful enough while translating the classes from Bengali to English by following word by word so that the spirit of the original text is preserved without adding any interpretation of our own. We bow down at the lotus feet of **THAKUR** and **BELOVED** for showering **THEIR** all-pervading love and grace on us.

For the previous translations many of our brothers and sisters have showered us with their love through **Sakyamooni Foundation**, and we are humbled with the love that we have received in plenty. However, we would like not to take any credit for the same as those are actually divine jewels received as blessings from **THAKUR** and **BELOVED** for the entire mankind.

"**Instructions for the Valiant Spiritual Travellers (Bir Kormider Proti Nirdesh)**" is like a divine lighthouse for the spiritual travellers and hope this translation would definitely enrich the readers, who want to seriously pursue path of spirituality, with **THAKUR's thoughts**.

With infinite love and pronam at the **Holy feet** of **THAKUR** and **BELOVED**, we add this offering with the earlier translations.

Iti Saha Misra, Sumit Misra and Arindam Chatterjee

Place: Kolkata

Date: 5th July 2020

Instructions for the Valiant Spiritual Travellers

1. It is nothing but just childish to seek a place in this world, where death is inevitable and where no one can stay eternally. Hence, the matter of exuberance, ecstasy and enjoyment are all extraneous (superfluous) and irrelevant in this world. But still aren't we supposed to seek happiness? Don't we get tempted towards affection, infatuation, love and attraction? We have to look at everything from the perspective that we all are temporarily living in the platform of a railway station. This whole world resembles that temporary platform; do not forget that you have your platform ticket in your pocket. Each and every creature holds that ticket of death as soon as they are born in this world. Those who are already holding that ticket do they have any reason to still feel enraptured about anything (love, affection) in this earth? Here, all the various relationships with different people will only last until the train arrives at the station. Hence, all the **Valiant Spiritual Travellers ('Bir Kormi')** should have that sturdiness/strength in their thoughts. You should not give any place to despair and hopelessness in any corner of your mind.

2. I have asserted this earlier that each and everything in this world are all provisional including love and affection. 'Bir Kormi' can never attempt anything which will cause hindrance in their path of journey (spiritual journey). Remember, all those material things that you are chasing for are all temporary. Every manifested things /creatures on this earth are all momentary. The 'Bir Kormi' should remember that you have also taken refuge on this earth very temporarily, you should always keep in mind this very fact at every moment and in every step you take. Would anybody want to construct a permanent palace in somebody else's land with careful planning? Rather, they somehow build a hut with tiled roof (low cost thatched) as a temporary shelter. What is the big use of asking for more if you have managed a temporary shelter that serves your basic

need? After a while, nothing will be there permanently. Those who are well aware of this truth will live accordingly. All your actions and activities should be aligned to this. Any kind of derailment will cause accident. Tracks of trains and buses are not the same. Train moves through its track with its own locomotion. Nothing can be considered as a larger disaster than derailment of a train. Your line is aligned to the Nature's inevitable law that "death is unavoidable". At every moment, while moving along Nature's track of death, you have to sing the song that praise the life and you have to stand against all the wrong doings. You cannot forget death and intoxicate yourself with the momentary illusions to side-step the ultimate consequences. Therefore, do not think anything as your own. Those who will get attracted to the thought of ownership will be deviating from the idealism of the 'Bir Kormi'.

How beautiful is this phenomenal creation! Every spectrum consists of full of colours with such grand assemblage, this ever existing flow in the process of evolution and revolution and transformation in splendour of appearance is so mesmerizing! Can this be without any purpose? This creation is not purposeless. If we can understand the grand motivation behind this creation, we may comprehend the tangibility/perceptibility about the design of this creation; it has remained untraced to us in this trail act of ever searching process. If this creation has a purpose then we have to think about the need behind this. Each and every substance of every matter in this universe exhibits mathematics. How splendid it is! Each and everything in this universe from the very moment of its creation to destruction – everywhere, in every place, in every material follows mathematics, nothing can exist without the law of mathematics. Here you have to think what is the need behind this creation? There must be a great motive behind this as the continuity of creation has been persistently flowing unhindered eternally. You need to learn the functioning of this creation, you need to feel the continual systematic flow/movement of this universe, you need to acknowledge that there

remains something extraordinary in the successive phase of this Nature/universe or Nature is enabling to do something (leading towards a path), that is not subjected to any blind exuberance or words of imagination. Nature through its authentic process, through the changing material state of every matter, is continuously and consistently indicating the future phase of the material. Every day the reddish glow of dawn that is seen several hours before the Sunrise, announces the arrival of the Sun itself. The core philosophy of creation is that divine prediction. As I have asserted earlier, this creation has not been manifested without any purpose.

The splendid functional flow of the creation, its state of motion, its acute analysis are so beautifully and harmoniously arranged that no one can even find out a minute mistake even in a single sand particle. Amidst this resplendent visible universe, and within the materials of the creation, you need to search for that divine prediction. You will be amazed if you learn about the minutest of the materials and subtle existence of the sub microscopic substances amidst this creation. Even with a super powerful microscope, through which a minute particle of sand can be visible as large as mount Himalaya, there are particles existing in Nature that will be visible as extremely tiny; and even those minute particles are made up of sub-particles. Then just think about those subtle particles of this creation which are billions and billions of times finer than those sand particles. The existence of life is conspicuously present in those subtle states also. Even the liver, gallbladder, heart, muscle, food-canal (gullet), wind pipe (trachea), each and every body parts have been minutely and accurately arranged in the creatures living in those subtle stages too. Think deeply about the subtle flow of this creation, this phenomenal architecture of this universe, this beauty of the creation? Why this finesse has become so necessary? What is the purpose of these subtle/minute materials/particles, what is the purpose of this creation? What is the grand motif of playing the "Ludo" game table for this persistent,

continuous authentic flow of creation? Why Sun, Moon, Stars, and every natural phenomenon are enriching us with their gracious presence? Every subject matter has been created with the elements of sky, breeze, water, light and earth; everything has been attuned with that supreme tune. Thus these are all the divine prediction (revelation). Just give a deep thought to the fact that within every substance from large to the largest, and even from tiny to the tiniest, or finer to the finest, there is a presence of the power, beauty and prodigiousness of this grand creation, which may not be visible; and you may not witness this at every moment of your life but you can perceive the presence of its existence. If you analyze the deep melody of Nature, its twists and turns, its continuous movements, don't you realize that it constantly indicates what is going to happen in the next phase? Every day the colour of dawn carries the message of the arrival of the Sun. You all have been created as a combination of the matter from the Sun. All your actions, thoughts, analysis and movements should be directed from that vision. Nothing can create obstacle in your path. You will proceed and will be led through that eternal benevolent path of that vastness, through the transparent tune of that supremeness.

Now the question may arise that our mind is generally scattered and so it always moves in various directions. How do we confine our mind within? To answer it, I must say that the movement of mind is the great gift of Nature. Our mind is the product of Nature. Thus in accordance with the laws of Nature our minds are extended over everywhere. Movement of water is naturally downward. We can restrict flood and overflowing of water by channeling the flow properly. Without having that channel (path), everything in front is drifted away by the flood. By digging canal properly, water could flow in that direction without flooding. This way you can restrict flood. Various movements of mind, those we call as scattered or restlessness of mind, are understood as the distraction of mind caused due to the lack of proper channelization of

mind. You had told me that the mind is restless, mind gets easily distracted; these were your statements. I have stated earlier that if a created substance is always attracted towards distractions then you need to understand that it is in accordance with the creation. However, there will be no worries if you can discard the scattering of thoughts and allow your mind to flow along a channel that is aligned with the flow of creation. When you can realize that the mind vacillates from one thought to another, then the idea of channelizing your mind will arise spontaneously. By digging canal or pond, the overflowing water will flow through the channel on its own thus preventing flooding. Therefore, the sense of prevention (caution) comes naturally along with the thought of deflection of your mind. If you are aware of the mistake you might make in mathematics, then you will not face any trouble in solving the problem correctly. Solving a problem becomes simple if you understand your mistake. While doing something if you feel that it is not being done correctly in order to meet the right objective, treat it like a "Caution" sign. Every road, every place have that indication of caution, in front of schools, hospitals and every accident prone areas have that indication- 'Be aware! Be aware!' Even you too have that indication so that it always prevents you from accident. That means this caution is one way to protect yourself from the impending fall (danger). You always have to walk through the path recalling the words of caution.

It is strongly advised to all those 'Bir Kormi' that you have to determine your path with rationalism and mathematics at each and every step of your life. You can never waste your precious time by running after a girl/boy out of your attraction. As I have told you earlier that all of you already have the ticket to leave this earthly station. Then what is the need for love-affairs? What is the need behind this lust? What will you gain by wasting your time with this wantonness (impiety)? Your propensity of desire, love, accomplishment these are all imposed upon the notion of lust. Do not waste your time amidst this notion of

attraction. Don't you visit any hotel or restaurants? Don't you satisfy your taste of tongue? It is noteworthy that you never lose your character in terms of satisfying your hunger for food. Do you ever waste your time creating poetry, songs or epic for your love for food, or behind your choice of restaurants? Then why do you always waste your time for your mere attraction to any girl or boy? You can't expose yourself to those problematic act or misdeed like the common people. All sensory organs are treated equal. Your eyes, nose, ears, skin, these are all parts of the conception of sensory fabric. All sensors are attuned with that ultimate tune. Every sensory organ has same concept, same skin and same satisfaction levels. Satisfaction is the other name of desire. You must be analytical. Try to analyze scrupulously the substance of any matter (তন্ন তন্ন করে বস্তুর বস্তুত্বকে বিশ্লেষণ করো). Then only you will find the original tune. Don't talk anything irrational. Don't waste your time for your irrational longing towards any girl/boy like ordinary people.

Just think about it deeply what will you gain? What will you earn from this earth as your own? Will your love or affection still remain after the removal of the skin? All your attraction, repulsion/antipathy is for a moment, enabled only because of the skin cover. The irrational attraction also covers our wisdom with the veil of ignorance/lack of knowledge ("agyanataa"). So, the door of real truth is never opened (unveiled). Even after knowing everything, understanding everything, we are unable to imbibe the real truth from our heart. As I have told you previously that you do not have the power to hold even a drop of water for yourself in this world. Here every passenger is waiting with ticket of death at hand, in order to go to his/her ultimate destination. Within this short span of life what will be the gain by imposing unnecessary importance on any matter? Here in most of the cases extra importance has been given to amorous passion. And this is the beginning of every problem.

Every male and female entity in the animal kingdom, living within the human society as well as in forests, such as dogs, cats, tigers, bears, birds all procreate their race with simple transparent manner. They do not commit any evil act under the veil of civilization like the human beings. Human races have been failed to maintain the harmony of their sensual passion. Therefore, they are continuously subjected to downfall. As I have stated earlier that every sensory feeling is equally important. Satisfaction is the desire. Then where does the balance exist?

Eyes draw its satisfaction from the mesmerizing visual beauty of hills, oceans and from the wonderful views of the nature – it is one sort of satisfaction or sense of contentment ('kama') for the eyes. Melodious sweet tune, song of cuckoo, sweet chirping of morning birds give us satisfaction. Satisfaction of hearing brings the sense of contentment ('kama') for the ears.

Fragrance of flower brings satisfaction to olfactory nerve/nose. Satisfaction of smell is considered as the sense of contentment ('kama') for the nose.

Touch of sweet breeze brings satisfaction of touch. That sense of serenity is satisfaction ('kama') for the skin. You can satiate yourself with delicious foods – this is the satisfaction ('kama') of tongue.

If we think deeply in this way, then we can observe that every sensory organs, every senses are continuously engaged in the process of drawing satisfaction through coupling. In this situation how can we impose special importance only upon the notion of sexual organs and salaciousness ('kamalinga')? In this matter none of you are maintaining the balance of sensory satisfactions. I keep saying this from the beginning. But my injunction makes no difference/impact. All Gods and Goddesses, great men ('Mahaapurush') esteemed to that position from the judgment of 'kamalinga'. In such grave situation, it is difficult for the Gods and Goddesses, great men to endure/remain in their states! That is

why many so called spirituals leaders (Gurus) are engaging themselves in the immoral acts like deception, falsehood and other similar acts of cover-ups in order to earn and maintain a respected position in the society. They will continue to do all the falsification and immoral acts and yet will persist in the seat of divinity. Hence, it is very much evident that the act of discernment is based upon the notion of lust ('kama').

Here, in most of the cases, idealism is a vague term- it is a meaningless term. Will you be able to show me any idealistic person who is balanced in desires? He is idealistic by the day, reads Geeta, Bhagbat, utters ideal words, and determines duties. But in the midst of night he is involved in which game? The principles and idealistic words of the morning go for a toss. Always think about the practical demonstration. Do not involve in any excitement and imaginative act. In such situations I shall teach you a lesson. A tiger has to keep quiet in the flock of sheep. You must verify everything through the touchstone of your inner reasoning. Every atomic and sub-atomic particle within you is tuned to the Nature. You have to work hard and deliver solid results. You have to follow the work flow of Nature.

I have told you earlier that this creation is not purposeless. This vastness of creation, this visible universe is rather an indicative forecast of the next chapter/phase. I don't think the grandeur of creation; the infinite endless mystery is bounded within the mundane cycle of birth-marriage-procreation and death. If there exists something beyond death, what will be your way there? What will be the state of yours?

If I am here, my father was also there. Further, how did my father come if his father was not there? Do not forget this word. How beautiful this creation is! How refined His workmanship! Playing wonder at every moment! Neem tree and Date Palm coexist within few meters away on the ground, extracting sap from the same ground, but the juice of Date is very sweet while the juice of Neem is very bitter. Growing at the same

place, same soil, how does this difference happen? Is not it a wonder? Who is that great craftsman with such a fantastic creation? It has to be judged through the purpose of creation and craftsmanship of creator. If you analyze it through practical demonstrations (examples) within the matter of the creation and substantiate it, you cannot discard the claims. In this world nothing happens without a reason. So I can infer and say that there is a definite purpose of buying ticket (of death) for every passenger. It may be for the purpose of travel or in search of earning, whatever may be, but without purpose nobody gets a ticket.

Why does Nature give the tickets of death to every living creature (Jeeba) at the moment of birth? What is the definite purpose of it? The answer for that purpose is still awaited. I told earlier that this visible world forecasts for the next phase, and gradually through these forecasts the flow of the next phases need to be understood. Through the various forms (Roop) of this ever transformable creation, Nature has revealed the game playing of the formless. Within this infinite empty space ("Mahaakasha" or "Mahaashunyo"), why do so many Moons, Suns, planets and stars exist? With such countless entities, why do so many magnificent fire globes lit up? This fire has been burning for billions of years. We name the materials as atom, proton etc. by analyzing all of these material entities.

Whatever nomenclature you try to assign to these perceived entities in an effort to recognize them, you are describing or have been able to describe only some these perceived entities. Actually they are numerous in number, may be ten thousand, twenty thousand, millions and billions of these substances and can be of various categories – from fire to air and so on. They all do exist. Where from have these materials come? Through research you have identified and given so many names; so what? Who has laid the eggs? The duck who has laid the eggs must be there. Where from has that duck come? The empty rooms of a house cannot be decorated on their own. Who has beautifully decorated this

Earth and the visible universe with light, air, water, soil, mountains and, with the combination of Sun, Moon, planets and stars? Wherever I look, everything is exquisitely decked up. Within these awesome creations, there exists sense, common sense. Without sense, it could not be so beautifully arranged. You see flowers, fruits in plants and trees. What a delicate subtle combination of instruments the living body is! We get surprised to see, to think, to observe these fantastic settings. Wherever I look is a play of wonders! Water from the rivers, seas is evaporating with Sun's heat to accumulate in the sky (Mahaakasha). Again to cool down the heated earth ("Dharani"), millions of water droplets shower down in the form of rain. Based on the need, from time to time, there is evaporation, cloud formation, rain and storm. Who perpetrates all these? Why do these happen at all? How do all these happen? These questions remain forever. If all these happen, then certainly there is someone behind these happenings. You have your father, if your father is there, there must be his father and his father and so on. This process will be continuing over the past thousands and thousands of years to trace all ancestors. Thus, who will identify the first father or "Adi Pita"? A 'Bir Kormi' cannot retract from any these subject matters. You have to explore, understand and analyze to move on. Where does the beauty of this creation lie? Where is the end of this creation? In the midst of endless, you need to try to listen to the tune of that ultimate (end). As you are hungry for the knowledge and as you have that right sense – Hey truth seeking traveller! Imbibe and move ahead. The truth will reveal itself in the horizon of knowledge. Inner sense is continually guiding us. This is the natural instinct, this sense is the "Bibek" (conscience), and this sense is the consciousness.

Suppose you have done some work hiding from everyone. You are perfectly aware of what is wrong or right. You cannot fool yourself even if you hide it from everyone. You will understand the right thing with your inner conscience. Every moment this conscience will make you

aware; it is always alert. This consciousness will be rightfully there. Every matter is conscious; consciousness flows to and exists even in the finest particle. The whole Universe, the whole empty place is conscious. This nothingness (Mahaashunyo) is conscious.

You may say that we cannot see the "Sense". What is the proof of having the sense? In reply I would like to say "do you see the breeze"? But you can feel the existence of breeze. Though you cannot see the breeze, but one cannot deny its existence. One cannot overlook its pervasiveness. In every matter consciousness is continually responding in tune amidst this sense. Everyone is aware of the presence of the consciousness within.

The entire Universe – The Emptiness continues to sing the endless songs. There is no start and no end of this emptiness. No one can create nothingness. This (nothingness) is the original, and eternal, it is the sense, it is the consciousness. From this sense (nothingness) every sense is originated. This sense is always active, what will come after what, what will be needed after what - everything is set flawlessly one after another. The child appeared in the mother's womb. Lactation is ready in mother's breasts before the birth of the child. With the nature's law the food is ready at the instant of the child's birth. It is a real wonder how does the sense guide to arrange so beautifully! In the nature the sense is active to help us tide over all difficulties.

It is this sense that has drawn lines or creases in our palms so that we can easily form grip in our active hands. Similar lines are there in our feet as well so that small creatures and insects are prevented from being crushed under them. In our body the bones and muscles are placed with such an impeccable setting that we can fold our arms and legs easily, and turn our head in so many ways. Even the fingers in our hand and feet are set wonderfully beyond its needful design requirements. Overall it is indeed a marvelous craftsmanship. A complex machine is at work inside every living being. Somewhere blood is being created, somewhere

food is being manufactured, liver-heart-gallbladder, all the organs are doing their own duty in synchronized manner.

Peculiar movements are going on inside the body. Doctors (medical practitioners) are getting flustered. They (physicians) have not been able to find out and understand all the mysteries inside the body till today. The great mystery of creation is laid within it. I said it earlier that there are such tiny insects within creation those cannot be detected even by a very powerful microscope. They also have heart, lungs, stomach, and blood circulation. They also have male and female categories, involve in sex and produces offspring. They also have blood cells, everything. There every norms of creation is maintained in tiniest form. However tiny a creature (Jeeba) may be, every other creatures have the right to move freely to that tiniest state (যতো সূক্ষ্ম সৃষ্ট জীব আছে, প্রতিটি জীবের সেই সূক্ষ্ম অবাধ গতির অধিকার আছে). You can climb up and down to all the steps a ladder has (একটি সিঁড়িতে যতগুলো স্টেপ আছে, প্রতিটি স্টেপ এর স্তরে স্তরে তুমি ওঠানামা করতে পার).

In the chronology of earth's created matters there are extremely small elements to which the air seems to be macroscopic element. The brick walls to them are like empty space. Imagine how tiny these are. All living beings are assemblies of other living beings. Each of the living being has been created in combination of all the constituents of all other living beings. You have the innate right to travel (pass through) into the body of each of the living creatures. The entire materialistic world of this universe is made up of five basic constituents (earth, water, fire, air and ether) i.e. all matters created by these five elements ("Panchabhut") nurtured by same Sun and Moon light, and you can travel to that world without restriction. You may not be able to reach there bodily but your mind can reach without resistance. Your thoughts can reach there too. You can fetch the Sun within you through meditation which is an

enormous capacity. As you are the seed of this Universe, you can think like this. This thinking is also very profound.

Your body may not reach there, but some of the constituents of your body (your mind and thoughts) have reached. **With the power of thought and meditation, the impossible can be attained.** Thinking can result sperm ejaculation, thus can cause health erosion. The power of thinking originated from brain is one of most valuable parts of the body. Mahaashunyo is eternal and infinite and the speed of Mahaashunyo resides within you, and you remain the seed in the flow of creation. Hence, your capacity is also infinite. Power of thinking of the Mind (thought power) is the expression of the consciousness of Mahaashunyo. This power of thinking of the Mind (thought power) remains active in the awakened state as well as in the sleeping state. Through dream your mind and corresponding thought power enables you to travel around. You need to understand well the theory (Tatwa) and contents of coordinating your mind and thought power. It will not be of any use if you meander here and there without knowing, without realizing all these Tatwa. You need to go in the right direction. You should not misuse the profound gift from the Nature in the form of your body ("Dehobeenajantro"). Never get into despair or become hopeless. You are holding the steering of right, wrong and conscience. Death may appear at any moment, you must think about it.

Assume that a trial verdict for a convict has been announced and he is sentenced to death by hanging after seven days. Will that accused person walk around dressed with dazzling attire? From the time of birth, we are all like the sentenced convict, think about it. Do not forget that at any moment death can come to snatch away the life. For the convict the hanging is after seven days and for your case it will come, say, after 80 years. After all it is the same thing (time period) whether it is in two days or after 80 years. I have told earlier, we are living in a railway platform. You don't have any right to hold on to any property. Will you ask anyone

to purchase cots and beds for you to comfortably sit in a platform? It is as ridiculous as it sounds and, similarly, love and all the affairs herein, expressed with the expressions like – “You are my love”, “You are everything to me”, all these sorts of statements are also ridiculous. Who is for whom here? No one is for anyone. If you go by fraction and simplification, the result will be either 0 or 1.

I have told you earlier not to be enamoured on encountering any idealistic person here. A person is such an idealistic that he doesn't look at anyone. He is so sympathetic to rickshaw puller such that he pulls the rickshaw by putting the rickshaw puller in rickshaw. He is perfectly dressed up in “dhuti”, “chador”, and suit, to appear as an ideal person with perfect character. Do you observe him in the darkness of night? There is no ideal act. Here most of the literatures, including prose, poems and stories are based on amorous passions. You are such a stupid person that you destroy your potential life emanating from yourself! Do not say any word. The sensual pleasure you feel during sexual act is just one sample of the Universal ecstasy. By using sample one can get orders to increase the wealth of a factory. Sample is supplied for this purpose only. Sample (sperm) has been supplied/gifted to you from the Universe to preserve your strength maintaining balance so that you may live with tremendous joy in the midst of unfathomable depth of the universal tune and vastness of the Universe. If you sell the sample to purchase dress for your wife, how would you bring orders to increase your wealth?

“I am a poet, I am a writer, I am charmed to see you, I don't know anything beyond you” – these are all false statements; these are made for playful passion. Do you fall in love with any eunuch? Do you love any impoten (Khoja)? It can be understood from sexual ecstasy that there lies a vast melody of ecstasy somewhere else. If this melody can be explored seriously and transcended into deeper tunes, one can be overwhelmed with joy. Nature has given you a token sample to get the taste of the vast expanse of joy. If you can attach yourself with that eternal joy, if the

“Sahasraar” of the brain could be associated in everlasting union with these thousands of Suns, then endless stream of joy will play in your hearts like a fountain emanated from the mountain. You will be able to live in eternal ecstasy (“Chidananda”). Think of the great things that nature has given you through creation. If the sense of fulfillment, the little and transient satisfaction obtained from the sexual act, which is just a sample gifted from the universe (factory), could be attached to the ocean of eternal joy and fulfillment present in large form within the great depths of this vast creation, then you will gain the absolute satisfaction through the joy of unification with that eternal tune.

Within a man there are billions of potential lives in the form of sperms, have you ever thought of that? At the time of sperm ejaculation, you are murdering millions of potential lives day after day, who is taking into account for that? If I want an explanation from you for this act - what would be your reply? Through the entire life each one of you wasted at least one bucket of sperms. A bucket of sperms contains billions of potential lives. This earth will fall short if all the sperms of an individual produce human beings. If all the eggs of a Hilsa fish would hatch it would fill the river. If you wouldn't have wasted so many potential souls, the power of those billions of lives could have strengthened your internal abilities.

They would have together helped you in all your endeavours in a unified manner. We can see distant stars, Sun and Moon with our two eyes. Suppose 50 trillion of potential humans having 100 trillion eyes, 100 trillion ears, 50 trillion noses and 50 trillion minds are residing within you, if you could concentrate your mind to use the power of vision of 50 trillion eyes, then with the help of that extremely powerful vision you would be able to look into distant stars with ease, even what other events are happening therein could be seen easily. You could see vividly what are inside the Moon or inside the Sun.

There are 50 trillion sperms inside you with full of vitality tied to same tune. If you can concentrate these 50 trillion minds together, it will give you enormous power. With that power you will feel that you can move freely anywhere in the Universe and you will realize that every entity of this Universe is tuned to the same melody. The mystery of this grand creation and its great purpose will be revealed gradually to you. You will feel that the solutions to the eternal queries, such as, "Why have you come, where will you go "- will gradually come into your realization. Do you understand?

Hello traveller! You are the voyager of eternal melody! Do not waste time talking nonsense! I shall not accept any words like "it will not happen, I can't do this, what will happen to us, etc.", all of these are hopeless words. You have taken birth with the right of a valiant spiritual traveller. The very strong "Bir" will never go back. Unnecessary talks are forbidden. Having wasted your time and strength by misleading all sensory instincts of your eyes, ears etc. now you have come to discuss? There is no award for such bravery and erudition. Whatever has been wasted has already happened. There is no point in wasting more time discussing the same. However, there is still time. Make yourself attuned again. Recover the lost strength and energy. From the boundless storehouse of nature - fill yourself with strength, make yourself attuned and melodious, and build yourself valorous. Use your body like a freezer. All the ice melts into water when you switch off the freezer or the door of the freezer is open. Now when you switch on the freezer, the droplets of water starts accumulating again and finally transform into ice on the cooling coils like a beehive. This happens even if there is no water in the freezer. Ice starts to accumulate on its own inside the freezer.

You are the seed of this Universe. Concentrating your mind within, engross yourself in the melody of the thousand Suns in the "Sahasraar" of your brain. Slowly energy particles will be formed inside you with the responses of liveliness. Again you will be filled with vital life energy and

you will become noble human being. You will be able to achieve impossible things with your power, and gradually you will be able to germinate from seed and soon will bear stems, leaves, twigs, and branches that will bloom with flowers, filled with fruits to become ultimately a big tree. Today we pause here. I shall discuss more another day.



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